The Gift of Swimming

The 19th Annual 5K Run for The Gift

Saturday, November 7th, 2026 @ 7:00am

BENEFITING THE GIFT OF SWIMMING'S MISSON

To provide access to drowning prevention resources and education for the community's underprivileged, mentally or physically challenged or otherwise disadvantaged.

BECAUSE EVERY CHILD DESERVES TO LEARN TO SWIM

Date/Time

Saturday, November 7, 2026
Rain or Shine
Start Time: 7:00am
5K Run or Walk (3.1 miles)
Kids' Run: 8:15am

Entry Fee

Before Oct. 16: $25.00
After Oct. 16: $30.00
Day of Race Registration: $35.00
Kids' Run: Free - sign up day of race

Location

SouthWest Aquatics
205 Windermere Road
Winter Garden, FL 34787
(407) 905-0999
E-Mail:
thegiftofswimming@yahoo.com

Proud Sponsors

Contact us to become a sponsor!

SeaWorld Orlando
Aquatica Orlando
Childrens Lighthouse Learning Centers
Orlando Health
Physician Associates
Maitland Pediatrics
Michael P. DiMauro, D.D.S, P.A
Dentistry for Adolescents and Children
Ron Jon Surf Shop
Signature Flight Support
A BBA Aviation company
Two Left Feet
West Orlando Pediatrics
Barry S. Yarckin, M.D.
SouthWest Aquatics

Registration

Registration is available:

- On-line at https://giftofswimming.wixsite.com/20265k
- Fax/Mail/Drop off form at SWA
- Call (407) 905-0999

Race packets will be available for pick up at SWA Friday, November 9th from 10am to 7pm or day of race beginning at 6:15am.

Awards Ceremony

Awards Ceremony following Kids' Run. Awards for Top 3 Overall Male & Female, and Top 3 Male & Female in each age group.

Registration Form

Last Name _____ **First Name** _____ **Sex: M/F**

T-Shirt Size: S M L XL **Address** _____ **City** _____

St _____ **Zip** _____ **E-Mail** _____ **Phone** _____ **Age** _____

Birthdate _____ **Emergency Contact** _____ **E.C. Phone** _____

For Race or Sponsorship Information Call (407) 905-0999 or E-mail thegiftofswimming@yahoo.com

Make checks payable to:
The Gift of Swimming

Credit Card: MasterCard Visa
Card Number _____ V-Code_____
Cardholder Name_____ Exp. Date_____ Signature _____

By signing below, I acknowledge that participating in this event is a potentially hazardous activity. I, and/or my minor child, should not enter unless medically able and properly trained. I and/or my minor child agree to abide by any decisions of race officials relative to ability to safely complete race and assume all risks associated with participating, including, but not limited to falls, contact with others, effects of the weather (including but not limited to high heat and/or humidity, etc.), traffic and conditions of the road, death, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, in consideration for accepting my and/or my child's entry, I for myself or on behalf of my minor child, and anyone to act on my and/or my minor child's behalf, waive and release Run 4 a Cause, The Gift of Swimming, SouthWest Aquatics, City of Winter Garden and any and all sponsors, and all of their respective representatives and successors (the "Releasees") from all claims or liabilities of any kind arising out of my participation including any liability which is attributive to the negligence of the Releases. Further, I hereby consent and grant permission to the Releases to use photographs and videos of me and/or my minor child without any compensation. I understand I shall not have any right to review or approve of any material.

Signature_____ **Date**_____

(Parent if under 18 years)